The Ten Commandments

Commandment 4: Remember the Sabbath

Exodus 20:8-11

Sam Pursell • 8th November 2026

1. Sabbath: Rest and Worship (Ex. 20:8-11, Deut. 5:12-15)

2. Jesus Christ and the Sabbath (Luke 4:16-21, Matt. 10:28-29, Heb. 4:10-11)

3. Christians and the Sabbath (Col. 2:16-17; Ps. 23:1-3)

Next Sunday…

'Honour your father and mother' • Sam Pursell • **Readings:** Exodus 20:1-12 & Ephesians 6:1-4