

How's your heart? Have you ever done a heart test?

Some of us might have had extensive testing on our hearts and know in detail what condition they are in. I haven't myself. But on my watch, I have a heart rate monitor, which I find interesting. It can give me an indication of how fit I am when I am exercising, and sometimes before I get sick, I notice that I have a higher than usual resting heart rate.

Jesus spoke about people having sick hearts. Not in the sense of their physical heart, but heart being symbolic of that person's being or life. Heart, spirit, soul are some words in the Bible that are used to define the life or essence of a person. And Jesus says a person's speech reveals the condition of a person's heart – whether full of good or evil:

For the mouth speaks what the heart is full of. (Matthew 12:34)

What goes into someone's mouth does not defile them, but what comes out of their mouth, that is what defiles them." (Matthew 15:11)

What is it that comes out of your mouth? What do you say, and what does it reveal about your desires and priorities in life? About the good or evil within? When we peel back the layers, we all find resonance with the prophet Jeremiah:

The heart is deceitful above all things and beyond cure. Who can understand it? (Jeremiah 17:9)

But while our hearts are somewhat beyond our control and cure, God can work in us to give us a new heart and new desires, that relate to him and the people and world around us in a new way. What a gift God offers!

Create in me a pure heart, O God, and renew a steadfast spirit within me. (Psalm 51:10)

- Sam Pursell

WELCOME TO CHURCH • SUNDAY 11TH JULY 2021

Prayers

CURRENT PRAYERS

Church people who are unwell

Bob Abrahams, Margaret Abrahams, Marlene Arthur, Jean Beetles, Olga Covetz, Jan Crook, Peter Evans, Raija Hannam, Robert Hannam, Erin Hick, Pauline Kirby, James Mills, Charlie October, David Paduch, Allan Quinn, Merv Sercombe, Sue Simpson, Hanno Stanojevic, Eileen Stokes, Mary Straughan, Betty Uren, Susan Vickery, Chris Wilson

Lockdown

Pray that the current lockdown would be able to end quickly. Pray for those who struggle with isolation, who are ill or afraid. Pray that God will bring comfort to those in need.

Term 3 ministries

Pray for all ministry leaders as they prepare and adjust their programs for Term 3, especially in light of the lockdown and the uncertainty. Pray for wisdom and guidance on how best to plan and support people during this time.

Church family

Pray that members of our church would be reading or listening to God's word and praying regularly to help us know God better and trust him with all aspects of our lives.

COVID-19

Continue to pray for the outbreak in Sydney that has affected Wollongong and Shellharbour. Pray that people will be sensible and that the situation will be under control soon.

Pray for State and Federal Governments as they continue to work through difficulties which have come about because of COVID-19.

Pray for our health care workers - doctors, nurses, aged care workers, allied health workers, and those involved with delivering the vaccines.

REGULAR PRAYERS (CYCLE 2 OF 4)

Government:

The Prime Minister and our federal politicians.

World Focus:

The continent of Europe. The persecuted church.

Mission Partners:

Matthew Meek, ministry to overseas university students with AFES in Wollongong and beyond.

Shord and Ann van Donge, training and serving in cross-cultural ministry.

Organisations We Support:

Evangelism and New Churches, and the fruit of our regular gifts to purchase new church land.

Word Ministry Training:

Youthworks College.

Staff and Senior Leadership:

Valerie O'Regan (Parish Administrator).

Children's and Youth Ministry:

Kids' Club.

Adult Ministries:

Men's and Women's ministry, including the dinners.

Local Evangelism:

Our Anglican Southern Illawarra Mission Area church network.

Special Needs:

Those serving in the defence forces.

Other Regular Matters:

Former members of our church currently in Word ministry roles.

Judges 8: Jepthah - The Negotiator Judges 10:6-12:7 Sam Pursell • 11th July 2021

1.	Israel negotiates with God (6-16)
2.	Israel negotiates with Jephthah (17-11)
3.	Jephthah negotiates with Ammonites (13-28)
4.	Jephthah negotiates with God (29-40)
5.	Ephraim negotiates with Jephthah (1-7)
6.	Negotiating with God

Next Sunday...

THE PEOPLE WHO ARE SERVING US (if lockdown concludes)

9.30am Service 11th July 18th July 5pm Service 11th July 18th July Welcomer: N/A B Clark Welcomer: N/A R Slocombe Bible Reader: V O'Regan R Hannam Bible Reader: N/A D Rainev Prayer Leader: A Hadley P Taylor Prayer Leader: N/A M Peters Kids' Program: N/A D & J Orange Afternoon Tea N/A H Mills M Klasson/ Morning Tea: N/A Meal Clean Up: N/A V O'Regan G Taylor

Meal Clean Up: N/A C Bonnici

Cleaning Saturday: N/A Mowing Saturday: R Siles/P Pratt

Church News

VIRTUAL MORNING TEA

Join us on Zoom after the morning service at https://bit.ly/OFAzoomMT for a virtual morning tea together.

You will require a password which is 081977.

FOOD DONATIONS REQUESTED

The Pantry team have requested that the following items are needed to create hampers:

tinned vegetables, small boxes cereal, 1L long life milk, tinned meat meals, sauce meal makers, soup, tinned fruit and taco meal kits or similar.

Please drop off the items to the Rectory this week, or to the church the week after.

OUR BIRTHDAYS

11th Phil Pratt

14th Annabelle Meek (Mission Partner)

OUR ANNIVERSARIES

FINANCIAL UPDATE (YTD 30 June 2021)

Income \$90,314 Expenses \$97,011 Difference -\$6,697

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Office Hours: Mon & Fri: 9am-5pm; Thur: 9am-12pm; Tue & Wed: Closed

Wardens: Dave Crook M: 0404 337 502 Andy Peters M: 0414 799 001 Peter Taylor M: 0448 190 946

Safe Ministry Representative: Harley Mills M: 0409 562 932 E: harley.mills@oakflatsanglican.com Pastoral Care: Rhonda Slocombe M: 0400 679 703 E: rhonda.slocombe@oakflatsanglican.com

GIVE ELECTRONICALLY - BANK DETAILS

Name: Oak Flats Anglican BSB: 633 000 Account: 164 385 841